#### From the Headmaster - Neil Tomlin OBE

Please see a half term letter from the Headmaster.

## Message from the House Captains

Hello everyone! This holiday when you are free, please could you join in with the house pumpkin carving competition. The four House Captains will be judging their houses on who made the best pumpkin. This is a fun competition to keep you busy over half term. The full details will be posted on Frog's Hall Grove House Competition page from Saturday – the link to this page is there when you log in to Frog.

# Whole School Messages

#### After School Clubs After Half Term

After School Care will change format for the second half of this term, giving all children an opportunity to sign up for a wide range of activities throughout the week and receive a high level of expertise in a specific club. Spaces are limited so please book early via the <u>website</u>. Priority is given to those who sign up for a set club for the half term. If there are spaces remaining, parents can sign up on an ad-hoc basis by emailing Mr Cottrell <u>i.cottrell@hallgrove.co.uk</u>

Due to the change in format all existing bookings for after half term will need to be made again. This will allow children to sign up for a set activity.

The <u>booking platform</u> will go live on Monday 25th October at 1100 and close on Friday 5th November at 1700. Thereafter any booking requests will need to go to Mr Cottrell.

#### PRE-SCHOOL to YEAR 5

We are able to offer After School Clubs on a daily basis at the following times. Each club will cost £45 for half a term and will include a snack.

- Early Years & Pre-Prep: 1530 -1630
- Early Years & Pre-Prep: 1630-1730 (optional additional care for activities such as reading, guided play, games and board games.)\*
- Years 3 & 4: 1620-1730\*
- Year 5: 1630-1730\*

NOTE: \* Collection from the Lighthouse at 1730 or with an older sibling at their collection time.

Please note that charges are PER SESSION and not by time - children unable to be collected at normal time must be collected at 1730 from the Lighthouse. Any child not collected by the normal end of the school day will automatically join After School Club and be charged accordingly.

Any child requiring supervision after 1730 is asked to contact the School Office so that they can be booked in to stay later with the older children.

#### **YEARS 6-8**

After School Clubs will be available for pupils in Years 6-8 in the form of two options. This includes a snack and free time after the club.

- 1715-1815 (£45 per half term). Collection from the Lighthouse before supper ie 1815.
- 1815-1930 (£60 per half term). This booking includes Supper (a cooked two-course meal), time to complete prep and an opportunity to join the boarders' activities. Collection from the Lighthouse at 1930.

Children unable to be collected at the normal time MUST be collected at either 1815 or 1930, depending on which option has been booked. Any child not collected by 1700 (Years 5 and 6) or 1730 (Years 7 and 8) will automatically join After School club provision and be charged accordingly.

For any outdoor clubs, your child can quickly change at the end of the day into suitable clothes for the activity.

#### **Boarding**

Flexi-Boarding is also available: the same night or nights booked on a regular basis. The charge is £40 per night which includes an evening activity, supper, supervised prep time and breakfast the following morning. Any cancellations will need to be received by the front office 24 hours in advance.

## Hall Grove Touch Typing Competition 2021-22 - Mr Foley

After the half-term break, we will be running the first test in the Hall Grove Touch Typing Competition 2021-22, for all pupils from Year 3 to 8. This will be a fun way to measure their typing speed and accuracy. The tests will take place in lesson time: there will be e-certificates on offer for participation and house points too. We intend to run two further tests, one in the Spring Term and one in the Summer Term.

We would very much welcome your support in encouraging your child/children to practise their touch typing over the half-term holiday. I am sure you will appreciate what an important life-long skill touch typing is, and the Typing Club app (link on the school website) is a great way to learn whilst having fun.

## **Christmas Card Competition**

Michael Gove would like to invite Hall Grove School pupils to participate in his annual Christmas Card Competition. If any pupil (Reception to Year 6) would like to design an A4 Christmas picture, please pass the entry to their form teacher by 8th October.

# **Prize Giving Cups and Awards**

We still have outstanding several cups and awards. If your child was presented with a cup at Prize Giving, please could you have the cup engraved in the same format as the previous winner and return it to the School Office. Thank you.

**Senior Parents - Mr McLeod** 

Well done to the Seniors on a successful half term, jam packed with learning. They Year 7 pupils have risen to become excellent senior pupils, and many of them became ambassadors for the school for the first time during this morning's open day and I received many positive comments on the conduct, confidence and character of the pupils from visiting parents. Dr Antony Stewart, who visited the school to deliver seminars for anti-slavery day, commented on the maturity of the senior pupils that he met during the day and praised their intellectual curiousity. I hope the pupils enjoy a break over half term, and return in November recharged and ready to continue their journey.

## **LFD Testing**

It is recommended that pupils (and staff) carry on with twice-weekly LFD testing through the half term holiday. Test kits have been provided for this purpose. Please let us know if your child has a positive result during the holidays by emailing <a href="mailto:s.brown@hallgrove.co.uk">s.brown@hallgrove.co.uk</a> so that we can advise further.

Senior pupils should take an LFD test at least on the Sunday prior to their return to school on 8 November and report this result to us in the usual way.

#### **Senior Lecture**

On Thursday 11th November, we welcome soldiers of the parachute regiment who will speak to the senior pupils about their recent involvement in the evacuation of Kabul. The lecture starts at 1800 and children, as usual, will be supervised from the end of the school until collection at 1900. We remind parents that we expect all senior pupils to be at the lecture and parents are welcome to attend. This will be followed up with a trip to the Commonwealth War Graves (Brookwood) on Friday 12<sup>th</sup> November during school hours for Year 8 pupils.

## For Year 7 Parents: Hall Grove European Expedition (Summer 2023)

We would like to provide a spectacular culmination to 'The Journey' at Hall Grove, one which challenges pupils physically and mentally, and also opens their eyes to new experiences and possibilities. We would therefore appreciate your feedback on our proposed 'Hall Grove European Expedition', which would take place during the final month of the Summer Term for all pupils in Year 8. The expedition would have the feel of a Duke of Edinburgh adventure, incorporating leadership development, exploration, discovery and an awful lot of self-reliance. A potential destination is Norway, but this is not confirmed. The expedition would be hosted by World Challenge, who provide expertise, essential equipment and their own company assurance. In addition to World Challenge staff, each expedition will be supported by at least 4 members of Hall Grove staff. Expeditions are likely to deploy for 10-14 days. The expedition, apart from being a brilliant stand-alone experience, would allow children to test out and further develop the skills that they will have learnt and practised at Battisborough House and also on site at school during Years 6-8.

In brief, it would be our intention that all Year 8 children attend the expedition and that the cost would be significantly reduced through fund raising and other methods.

The following link describes the type of expedition on offer: https://issuu.com/weareworldchallenge/docs/norway exp-nor-10-2 ?fr=sMWE1ZjM2MDM2ODk

Please would you complete a short survey <a href="here">here</a>, which will help us to assess the level of parental support for such an expedition. Thank you.

# <u>Upper Juniors Parents - Mr Wheeler</u>

Well done Upper Juniors on an excellent half term.

I couldn't be more impressed with the children and how they have conducted themselves both inside and outside the classroom. Of course, they would have all had some challenges but if they remember our section's motto, control the things you can control and the rest will fall into place, they know they can't go too wrong.

Have a lovely break and I look forward to seeing you all on our return.

## For Year 6 Parents: Hall Grove European Expedition (Summer 2023)

We would like to provide a spectacular culmination to 'The Journey' at Hall Grove, one which challenges pupils physically and mentally, and also opens their eyes to new experiences and possibilities. We would therefore appreciate your feedback on our proposed 'Hall Grove European Expedition', which would take place during the final month of the Summer Term for all pupils in Year 8. The expedition would have the feel of a Duke of Edinburgh adventure, incorporating leadership development, exploration, discovery and an awful lot of self-reliance. A potential destination is Norway, but this is not confirmed. The expedition would be hosted by World Challenge, who provide expertise, essential equipment and their own company assurance. In addition to World Challenge staff, each expedition will be supported by at least 4 members of Hall Grove staff. Expeditions are likely to deploy for 10-14 days. The expedition, apart from being a brilliant stand-alone experience, would allow children to test out and further develop the skills that they will have learnt and practised at Battisborough House and also on site at school during Years 6-8.

In brief, it would be our intention that all Year 8 children attend the expedition and that the cost would be significantly reduced through fund raising and other methods.

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https://issuu.com/weareworldchallenge/docs/norway\_exp-nor-10-2\_?fr=sMWE1ZjM2MDM2ODk

Please would you complete a short survey <u>here</u>, which will help us to assess the level of parental support for such an expedition. Thank you.

# **Lower Junior Parents - Miss Furness**

Thank you so much to parents for meeting with us this week. It was so lovely to welcome you into the classrooms.

Music – It was wonderful to talk to so many of you at the Parent Evenings regarding musical instrument choices. For those that were unable to pop in and chat, please do email me if your child is interested in starting a musical instrument. The children have tried nearly all of the orchestral instruments and have been given an aptitude score on each which I will send to you a week after half term.

If your child would like to start a musical instrument, they are very welcome to have a free taster session after half-term with the relevant teacher. Please email <a href="music@hallgrove.co.uk">music@hallgrove.co.uk</a> so we can arrange this for you. For more information on how lessons work please click <a href="here.">here.</a>

Huge well done to the children for all their efforts so far this term. They are fully deserving of a break to recharge the batteries!

Wishing you all a healthy half-term and please remember wellies are needed in school upon return.

# **Pre-Prep Parents - Miss Hitchcox**

This week, Year 1 have created 3D models of sea creatures, using construction materials, and have transformed their classroom into an underwater world. This linked to their work in science, which involved investigating food chains under the sea.

Year 2 are looking forward to their exciting new 'Space' topic next term, which commences with a visit to Winchester Science Centre on Friday 12<sup>th</sup> November. We will be leaving school at 0845 so the children need to be in class by 0830 at the latest. The trip will return to Hall Grove by the end of the school day, so there will be no change to our normal collection time. Please send your child to school in their school uniform and provide a packed lunch that fits into a small backpack with their water bottle. We request that you do not send any food containing nuts or sesame products and we will provide an appropriate morning and afternoon snack. It is not necessary to send your child in with any money as there is not opportunity to purchase souvenirs.

We have had a wonderful half term with your children and thoroughly enjoyed meeting you all again this week during our Parent Evenings. We would like to wish you all a lovely half term and we look forward to seeing you after the break.

# **Early Years Parents - Mrs Tomlinson**

It was lovely to see you all at our parent meetings this week. We hope you found it informative and have a good idea of the targets your child is working on.

After half-term, we will be adding a simple guide to some of the activities the children will be taking part in each week. The document will be uploaded to Tapestry under the 'Memos' tab at the top of the page on the main website, or in your feed on the App each Monday morning. This should help you to discuss with your child what they have been taking part in over the week, as well as the learning on which they are building.

**Reception** – There have been some activities for the half-term added to Tapestry for Reception children. Please find them under the 'Memos' tab at the top of the page, or in the feed of your App. These are completely optional but should give you an idea of the sort of activities we have been working on with the children.

#### Stay and Play

We are pleased to announce we will be starting Stay and Play on Wednesday mornings from 10<sup>th</sup> October. We will be operating on a sign-up basis and the sign-up sheet will be on the gate from

Monday 8<sup>th</sup> October. Please only sign up to 1 or 2 sessions per term to allow everyone to have an opportunity to stay at some point.

When we return from the half-term break the weather is likely to be cooler. Please provide a clearly named (that your child can read) hat, scarf, and gloves.

Waterproof trousers have been sent home for a well-earned wash. Please make sure they are returned to school on Monday 8th October.

Many thanks for your support this term. The Early Years Team

# **Performing Arts - Miss Post**

#### Music

**Informal Concerts** 

We were treated to a wonderful mix of Woodwind & Percussion performances on Tuesday ranging from Bach to Bon Jovi!. Snippets of each of their performances are available on our Instagram. Our next Informal Concert is the Vocal concert on Tuesday 9<sup>th</sup> November. If your child has singing lessons outside of school but would like to take part, please email <a href="mailto:music@hallgrove.co.uk">music@hallgrove.co.uk</a> during half term. As ever family and friends are more than welcome to attend – we will start at 1305 in the Performance Studio.

#### Choristers

Following on from last week's newsletter, I can now confirm that there will be a Choristers' Tour to Battisborough from February 11<sup>th</sup> - 15<sup>th</sup>. We will be returning late afternoon on the 15<sup>th</sup>.

If you haven't let me know whether your child would like to attend the trip to see Voces8 on November 10<sup>th</sup>, please let me know as soon as possible. For more information on this please click <a href="here">here</a>.

# **Sport - Mr Tullett**

This week saw the last block fixture of the football season against Crosfields, a momentous day with 9 wins, 3 draws and 1 loss. The season has finished with 62% wins out of the 122 matches played this term. The U11As still have a Surrey plate quarter final and regional qualifiers to play and the 1st team also have a Surrey plate quarter final so there may be more silverware to come!

The girls enjoyed some very competitive House matches on Wednesday. Well done to all who played: the hockey on show was excellent and we look forward to continued success after half-term and the final part of the season.

Important Message: IAPS U11 Football Regionals November 4th

There will be no spectators permitted at Lambrook for this event. Please check the school website for details; this will be updated if there are any changes. Mr Tullett will meet the children at Hall Grove at 0845 on the morning of Thursday 4th November.

## From Mr Tomlinson - Boys' Games

Well done to all the boys over the last week. There have been matches for every team and everyone has enjoyed 'house shooting challenges' in their lessons.

Last Friday, the Under 8s and 9s played Bishopsgate and all the sports teachers were pleased with the effort and commitment shown by the boys. There is plenty of potential in the two year groups and they will continue their development next year.

The 1st VII had their Regional Qualifiers on Saturday, at Danes Hill. It was a tricky morning against some strong sides and the group stage saw a draw against Great Walstead, defeat by Downsend and a win against Cranleigh. This meant a Plate Quarter Final against Shrewsbury House and unfortunately, our opposition took their chances to progress.

On Wednesday, we had our final block of the season against Crosfields. Out of the 13 matches, we had 9 wins, 3 draws and a loss. Mr Tucker was delighted with the U10s, who have had a really successful season. We hope these boys can show the same form next year when they enter the Surrey Cup and go to Regional Qualifiers. There were victories for the U11 C, D and E teams and some comprehensive victories in the seniors, especially the 1st XI who out in their best performance of the season to win 6-0.

Over half term, the Colts A team have their Regional Qualifiers and we wish them the best of luck. They are also in the Surrey Cup Plate Competition, as are the 1st XI, and both matches will be played after the two week break.

Congratulations to all the boys for their efforts during the football season. There has been some excellent progress and fantastic football on show over the last 7 weeks.

#### From Mrs Maxfield - Girls' Games

On Friday afternoon, the junior girls played the Marist. The girls have shown good improvement over the last 7 weeks, with the Hall Grove U8s taking on an U9 team from The Marist. Our young guns showed some great hockey skills and fought with tenacity and commitment. The U9s were equally impressive with the Bs beating The Marist A team and the As putting on a splendid performance, putting into practice all they have been learning in their lessons The afternoon saw two wins, one draw and one loss. Very well done.

Wednesday afternoon brought beautiful Autumnal sunshine and the Yr6-8 girls thoroughly enjoyed their much-anticipated house hockey matches. There are too many individuals to mention who impressed but a special mention should go to the U11s who played "up" two years and some played way beyond our expectations. The future certainly looks bright.

Very well done to U10-11 Falcons who won their section. The seniors final deciding match between Falcons and Hawks was incredibly exciting. The teams were on equal points and it was a must win match, a draw took the decision to goal difference with Hawks taking the win, +9 to Falcons +4. Well done, everyone!

#### Netball

Daisy Blackburn (Berkshire selected as U12 in 2020) Kiren Grewal (Berkshire selected as U12 in 2020) Nina Farrera (Surrey selected U13 2021) Erin Johns (Blast stage Berkshire - awaiting results)

#### **Football**

Joaquin Borekull Urrutia - Southampton Academy
Theo Jenkins - Aldershot Academy
Connall Dullea - Aldershot Academy
Kai Everson – ISFA call back for final squad selection trial
Rishya Rawal- ISFA call back for final squad selection trial
Edward Stephens – ISFA call back for final squad selection trial
Zac Symons – ISFA call back for final squad selection trial

## Hockey U13 boys

Kai Evason - Hampshire hockey selected Henry Wood - Hampshire hockey selected Tom Chapman - (last stage Surrey Hockey awaiting results) Zac Symons - (last stage Surrey Hockey awaiting results) Ben Georgiou (last stage Surrey awaiting results) Douglas Barr (second round Surrey)

#### U13 Girls

Ria Kapoor (last stage Surrey awaiting results) Amy Clarke (last stage Surrey awaiting results)

## **Cricket**

#### **U13 Girls**

Zaara Norat (Surrey selected since 2018)

#### **U13 Boys**

Rishya Rawal - Surrey U13s Benjamin Miny - Surrey U12s Leo Allera - Hampshire U13 Trials Henry Wood - Hampshire U13 Trials

#### **U11 Girls**

Pippa Stephens (selected since 2020)

#### **U11 Boys**

Lachlan Bailey - Surrey U11s

#### BMX racing

Zach Hammel- 3rd in South Regional finals and qualification for Nationals

#### **Swimming**

Serena Evans – County qualification achieved Daniel Evans - County qualification achieved

#### **Mouthguards**

All boys in years 4 to 8 will require mouthguards for the rugby season which commences after half term. Please ensure they have a named mouthguard and box in their kit bags. Year 3 boys do not have to wear a mouthguard for TAG rugby; however, they will require one when playing Hockey in the Spring Term. The girls in years 3 to 8 will continue to need theirs for the rest of the hockey season.

## **OPRO Mouthguard visit 18th November**

Boys and girls in year 3-8 who would like to have a mouthguard fitting please follow the link provided on the attached OPRO form. Opro also provide a home moulding service. For further information please contact OPRO direct.

# Pre-season sports training camp at Hall Grove on Monday 1st and Tuesday 2nd November

This is open to any Boys and Girls in Years 3-8 who are interested in preparing for the upcoming seasons. It will be beneficial for any boy or girl to get a head start in the sports offered if they have had limited exposure over the previous eighteen months.

## Timetable for the girl's multi-sport camp Monday 1st and Tuesday 2nd

0900 - 0930 Arrival

0930 - 1000 Active Hit fitness session: Miss Maxfield

1000 – 1100 Netball session: Miss Maxfield

1100 – 1230 Tennis: Mrs Emmett

1200 - 1230 Lunch break

1230 – 1315 Football: Mr Tullett

1315 – 1400 Touch Rugby: Mr Tomlin

1400 – 1445 Netball: Miss Maxfield

## Rugby Camp Monday 1<sup>st</sup> and Tuesday 2<sup>nd</sup> November

Mr Cottrell will be co-ordinating two days of coaching working closely with Harlequins coaches to deliver two exciting days of pre-season training.

The children will need to bring usual warm clothes (2 sets), a packed lunch and drinks and it will cost £35 per day or £60 for both days.

Your child has the option to take part in either the Rugby, Netball or Multi Sport camp.

To confirm your child's place please click here.

For further information please contact Mr Cottrell i.cottrell@hallgrove.co.uk

## Rugby Masterclass with Edgeborough at Hall Grove on Thursday 28th October

Ahead of the rugby season, we have an opportunity for the Senior Boys to host a joint training day with Edgeborough on Thursday 28th October. This is a great opportunity for them to prepare for the upcoming season by having training sessions in the morning led by Harlequins coaches and

matches in the afternoon. Children will need to arrive at school for 0900 on Thursday 28th October and collection will be at 1500.

All children will need a mouthguard, a spare change of clothes in case the weather is bad and a packed lunch and plenty of drinks for the day.

To confirm your child's place please click here

Mr Cottrell j.cottrell@hallgrove.co.uk

#### 1-1 Tennis coaching

Following the success of the tennis sessions with Mrs Emmett this term, we will be continuing with the lessons after half-term for Years 2 - 8. Please book via the school office if you would like your child to have a weekly lesson.

#### **Ed Young Cricket coaching**

County cricketer and Hall Grove old boy will be running half-term camps. Please see attached flyer for details.

#### **Bs Netball Club**

Bs Netball Club are a rapidly expanding performance development club for junior players starting from U8 (Year 3). Our club is one of the top junior netball clubs in the region, with competitive fixtures in County and Regional competitions ranging from Under 10s to Seniors. The coaching team will provide your daughter with all the necessary support to gain whatever she wants from netball; whether it is to improve and develop her netball skills, improve her fitness and learn to play competitive netball.

Head Junior Coach, Kate Maxfield (Head of Girls' Games) has had a significant role in the development of the many elite players. Having coached them throughout their Hall Grove journey and club netball careers, they have gone on to represent England U17, Surrey Storm U19 and U17 and several past and present students are on the England Netball County pathway. Girls have gained sports scholarships to Bradfield, Wellington, Lord Wandsworth, St Marys Ascot, Gordons and St Georges Weybridge with netball as their specialist sport. Our aim is to provide players with a love of netball, to challenge them through competition and to help develop an excellent work ethic.

We always welcome new players – get in contact for more details.

Email: bsnetball2015@gmail.com, website: www.bsnetball.com for more training information.

## Staff and parent social bike ride

The next staff and parent road ride will take place on Sunday November 21st departing Hall Grove at 0900. Our first outing was an enormous success despite the rain towards the end. Thank you to all those who attended; it was lovely to ride with former and current parents. The ride will be at an average speed of 15/16 mph and a road bike will be necessary. Coffee and cake will be provided halfway. If you would like further information, contact Mr Lewis or Mr Tullett.

# **School Adverts**

#### **Documents**

The following documents can be found on the school website, under the parent information tab: Senior Schools Open Mornings Information Half Term Camps

#### **Drum Kit**

The Barr family are looking for a friendly new home for their drum kit to go! The kit is almost brand new, having not been played too often since purchase and would be an ideal kit for anyone who is starting or thinking of starting drum lessons. If you are interested, please contact Mrs Barr on 07702120651 or email <a href="mailto:debra.buckle@btinternet.com">debra.buckle@btinternet.com</a>

A picture of the drum kit can be found here.

# School Uniform Shop Opening Times Term-Time Only Opening Times

Mondays: 0800 - 0915 Thursdays: 1500 - 1730

To access the on-line Uniform Shop service please visit The Direct Clothing Company website and follow the link to Hall Grove School. There are also instructions on the school website.

The Uniform Shop email: <u>uniformshop@hallgrove.co.uk</u>

The Direct Clothing Company: <a href="https://www.thedirectclothing.co.uk/school/hall-grove-school/">https://www.thedirectclothing.co.uk/school/hall-grove-school/</a>

## **Public Notices**

## Eating at Eton - Thursday 28th October

Join Eton College Collection for a FREE drop in half-term family event all about what and how the boys and masters of Eton College ate over the past 600 years (with a little Halloween thrown in as well). Please see attached flyer for further details.

## **Half Term Netball Camp**

Georgie Maxfield will be running a half-term camp for Years 5,6 and 7 in Wellington College netball centre RG45 7PT. Places are limited - please contact her directly. See flyer on the website.

# **Chobham Rugby Club**

At Chobham Rugby we coach and develop players from age 2 onwards with the active participation of their families and are proud to run vibrant Senior Mens' and Womens', Junior, Minis, Girls, Touch Rugby, Walking Rugby & Mixed ability sections, all with a thriving membership and shared love of the game. We enjoy a reputation for being a very well-organised and open club with friendly members.

All Mini and Junior players receive a 3-week trial where they come down and see what they think of us before deciding whether to join the club as a member. If you are interested in bringing your player along to Little Cannons or Minis please fill in this registration <u>FORM</u> and we will be in touch with further information. If you would like more information on the Minis section please contact our Minis Chairman, Ally Edwards, <u>allychobhamrugby@gmail.com</u>. For more information on other sections of the club please use this contact <u>form</u>.

# **Swimming School in Sunningdale**

We are an established swim school providing shared private, and private swimming lessons to pre-schoolers and children across South West London and Surrey. We have just started

swimming lessons at a private pool in Ascot in September and it has proved to be quite popular. We will be running trial sessions in November, and we would like to invite your families to come join. Please see attached flyer for further details.

## **Windsor Contemporary Art Fair**

Catherine McVean (Year 2 & 4) will be exhibiting her paintings at the Windsor Contemporary Art Fair 12th - 14th November. There will be many artists exhibiting and if you would like to come along (children welcome), you can use the free code below to get tickets:

Visit the website and enter the following codes depending on which day you would like to come:

- Coupon Code W-PVCOMPEM to visit Friday 12th November 2021 6pm 9pm Private View
- Coupon Code W-COMPEM for either Saturday 13th or Sunday 14th November 2021

I would love to see you if you visit so come find me and say hi. If you would like to see my paintings in advance, you can visit <a href="www.catherinemcvean.com">www.catherinemcvean.com</a> and if you have any questions please feel free to email <a href="catherinemcvean@gmail.com">catherinemcvean@gmail.com</a>