

What a great day we had last Saturday. We were fortunate with the weather, in spite of strong winds that played havoc with the hurdles track. All the children competed well and thoroughly enjoyed taking part. The Bagshot Concert Band added to the occasion by playing at lunchtime whilst families enjoyed their picnics. Our thanks to Mr Tullett and the staff who ran the athletics, to the caterers for a lovely tea and also to Mrs Foley for a superb art exhibition.

This has been a busy week of internal assessments, and today we had results of the Year 8 Common Entrance exams that were sat last week. We are delighted to say that all 37 candidates passed (that was never in doubt) confirming their places to their senior schools. A very pleasing batch of grades rewarded them for their hard work and validated the high standards achieved by Hall Grove pupils. Our congratulations to all the boys and girls and to their teachers.

## The Good Stuff - A Recipe for Happier & Healthier Kids

Last night a group of parents met a brilliant speaker on the theme of feeding children. This followed a talk to Years 6, 7 & 8. An expert in her field, with several nutritional clinics around the country and more due to open, Lucinda Miller delivered a powerful, and often entertaining, presentation drawing attention to the very latest research.

Diet really does affect our children's growth and performance in so many ways, and our modern lifestyles means that we are often ignoring vital health rules. Central to her message was the importance of Omega 3 fish oil, the rainbow of fruit and vegetable colours and the need to reduce the consumption of highly processed foods.

As a working mother of three children, Lucinda was able to pass on lots of simple tips for 'cooking from scratch' in a way that is quick, affordable and easy to achieve. Her top-selling book, The Good Stuff (available at <u>https://www.naturedoc.shop/product/the-good-stuff/</u>) is full of sensible practical advice.

### **Royal Ascot Week**

As Royal Ascot commences on Tuesday 18th June, please remember to book any 360 requirements via <u>360 Sports Education</u> on 01252 918888. **Please note the boarding house is now completely FULL.** 

#### DIARY REMINDERS

JUNE Tuesday 18th-Friday 21st Royal Ascot Week

**Tuesday 18th** 0835 Year 8 Assembly Year 1 visit to Marwell Zoo Early Years visit to Windsor Great Park Choristers' Tour return from Italy 1900 Year 2 Parents - 'What to expect from Lower Juniors'

**Wednesday 19th** 0900 Reception Parents - 'What to expect from Pre-Prep'

Thursday 20th 0835 3VB Assembly 1630-1730 Sex Education Talk (parents) 1900 Year 4 Parents - 'What to expect from Upper Juniors'

Tuesday 25th 0835 4MC Assembly

**Wednesday 26th** 1900 Year 6 present Treasure Island

**Thursday 27th** 1630-1730 Sex Education Talk 1900 Year 6 present Treasure Island

Friday 28th 0900 1NS Assembly 1800 Caribbean Evening

#### <u>JULY</u>

Monday 1st Year 8 to Battisborough

**Tuesday 2nd** 0835 5PW Assembly Pre-Prep & Early Years Sports Day

Friday 5th 1250 Informal Strings Concert Co-Curricular Programme/Clubs Finish

**Wednesday 10th** Second hand uniform sale 0900-1100 1500—1700

 The Uniform Shop

 Thursday 1st August
 1500-1800

 Thursday 29th August
 1500-1800

 Sunday 8th September
 0900-1200

# Hall Grove Choristers

The choir set off this morning for a visit to Venice where they will sing at some great venues. We wish them and their families well and look forward to hearing all about their trip when they return to school next Wednesday.

# Caribbean Evening - Friday 28th June

Preparations are hotting up, and the school community is looking forward to an exciting evening. Please see our school website to order tickets and for opportunities to sponsor the event.

A big thank you to those parents and staff who have stepped forward to offer support. If you would like to help on the evening, please contact Mrs Oie (Year 4 parent) <u>kathrynoie@yahoo.co.uk</u> or Mr Slape <u>d.slape@hallgrove.co.uk</u>

Gazebos – these are not strictly necessary, but there will be two large designated areas set back from the main stage. Parents will be invited to set up on the morning of the event after 1130.

# Second Hand Uniform sale - Wednesday 10th July

We are still looking for help, particularly for the morning sale which is for pupils who will be starting at Hall Grove in September 2019. It is really useful to have some current parents there to give advice as to what to buy. Please contact the office if you have some time to spare that morning.

## Co-Curricular Programme / Clubs

Please note that ALL After School Clubs finish on Friday 5th July.

## Sport

Congratulations to all the children who took part in Sports Day on Saturday, it was a very successful day with some impressive performances from many of the boys and girls.

Unfortunately, the weather hit this weeks' sports programme forcing the cancellation of many cricket matches, athletics events and even the Pre-Prep Sports Day. Fortunately, we were able to complete many of the first round matches for the tennis tournament. Good luck to all those playing in the finals day on Saturday. Timings and other sports information can be found on the website.

For further results please follow the link.

## Hall Grove Tennis Tour 2020

Following six extremely successful tours, we are delighted to announce plans for the Hall Grove Tennis Tour 2020! This will be a four night five day trip from April 16th – 23rd 2020 (depending on the availability of flights).

We will return to the Algarve, and the world famous Vale do Lobo Tennis Academy (home to the ATP Senior Tour Finals for many years). The same exceptional coaching will be provided by 5 Star Tennis, and the programme typically includes up to five hours of coaching per day, with additional activities including tournaments, swimming, crazy golf and paddle tennis. The inclusive cost of the tour is  $\pounds$ 770 per person and represents excellent value for money and an exceptional experience for keen tennis players.

This tour has quite a reputation amongst the children who have attended in the past. Places are limited and will be awarded on a first come, first served basis (those likely to represent the school teams will be given priority). Intended for boys and girls in Years 6, 7 and 8 we have made an exception for particularly keen and talented Year 5 children in the past.

### **ABSENCES**

If your child is unwell please T: 01276 473059 (option 1) or E: office@hallgrove.co.uk

### TERM DATES

#### Summer Term 2019

24th April – 12th July Half Term: 25th May - 2nd June

#### Autumn Term 2019

9th September – 20th December Half Term: 26th October – 10th November

#### Spring Term 2020

13th January - 27th March Half Term: 15th - 23rd February

#### Summer Term 2020

22nd April – Friday 10th July Half Term: 23rd – 31st May

## KEY DATES 2019

**Saturday 8th June** Sports Day Years 3-8

Friday 14th June Early Years & Pre-Prep Sports Day

**Friday 28th June** Caribbean Evening

### <u>NEWSLETTER</u> ATTACHMENTS

SENIOR SCHOOL OPEN MORNINGS

### **SUMMER CAMPS**

Don't forget to follow us on Twitter! @hallgroveschool @hallgrovesport To secure your place a deposit of  $\pounds 370$  is required (cheques should be made payable to Hall Grove School Ltd). Please mark this for Mr Slape's attention and email him immediately at <u>d.slape@hallgrove.co.uk</u> to ensure places are still available. Please note that once our party has been confirmed, all deposits are non-refundable.

No places will be held until the deposit has been received. If successful,  $\pounds 200$  will be added to your termly invoice for Autumn and Spring next year to complete the balance and payment for the tour. Unfortunately, this tour cannot be combined with a family holiday.

# The Uniform Shop - Summer Holiday Opening Times

Thursday 1st August1500-1800Thursday 29th August1500-1800Sunday 8th September0900-1200

# Summer Camps

For further information on Summer camps, please click the link in the right-hand column.

## Woking & Sam Beare Hospices - Upcoming Events

Woking & Sam Beare Hospice is a charity that cares for over 2,000 patients, their carers and families each year. They have several events coming up which families might be interested in. Please see various fliers attached to our website.