

Make friends & get active while learning to **ROW ON THE RIVER THAMES**



Every Sunday: 10am - 12noon

Come and have fun at WSPC while you learn to row, canoe or punt. From the age of 7, we aim to get young rowers on the water as soon as possible. They will learn about safety (both on and off the water), be able to identify boats and equipment and most importantly learn good rowing technique while having fun.

We introduce “fun racing” as soon as possible. Young rowers receive huge benefits from competitive sports: physical, mental and emotional. Of course, winning is great but we will also learn about sportsmanship: the importance of being a good winner as well as being a good loser.

If you are interested, fill in the form found on our website:

<https://wspc.online/junior-rowing-is-back/>



Wraysbury Skiff and Punting Club
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www.wspc.online

You will find us on the Runnymede Pleasure Ground (on the A308).